

light fare



🍴 SPECIAL ENTRÉE SALADS

Caesar Salad topped with Grilled Breast of Chicken

Grilled chicken breast on a bed of romaine with Parmesan cheese, croutons, and Caesar dressing

Greek Salad topped with Beef Tenderloin or Chicken

Mixed greens, diced tomatoes, Feta cheese & Greek olives with marinated charbroiled steak or chicken

Oriental Mandarin Chicken Salad

Fried chicken tenders on a bed of mixed greens with toasted almonds, chow mien noodles, mandarin oranges and served with Sesame dressing

🍴 SANDWICHES

Served with lettuce, tomato and pickle with your choice of fries or fresh fruit

Chicken Salad on Croissant

Fresh diced white meat chicken prepared with light mayonnaise.

Grilled Cheese Sandwich

Grilled on your choice of bread with Swiss or American cheese

Grilled Chicken Sandwich

Char broiled marinated chicken breast served on a fresh bun

Jumbo Grilled Hot Dog

Served with your choice of sauerkraut or grilled onions

Grilled Hamburger on a Bun

Char broiled fresh ground beef with your choice of Swiss or American cheese

Catch of the Day

Seasoned with olive oil, spices, grilled and served on a bun with tartar sauce & lemon

wellness entrees

Served with your choice of steamed vegetable, side salad or fresh fruit

Charbroiled Pork Chop with Freshly Spiced Apples

Lean charbroiled pork chop accompanied by sliced apples and touched with sugar, nutmeg, cinnamon and cloves

Calories: 321 | Fat: 11 g | Sodium: 96 mg
Fiber: 2 g | Chol: 73 mg | Carbs: 30 g

Vegetable Burger

With lettuce & tomato on a whole grain bun
Calories: 203 | Fat: 2.5 g | Sodium: 442 mg
Fiber: 8 g | Chol: 0 mg | Carbs: 32 g

Chicken, Pineapple & Walnut Salad

Chicken salad prepared with a light mayonnaise dressing, served on leaf lettuce with pineapple tidbits, strawberries, blueberries, honeydew, cantaloupe, grapes, and chopped walnuts

Calories: 338 | Fat: 11 g | Sodium: 266 mg
Fiber: 2 g | Chol: 45 mg | Carbs: 19 g

Teriyaki Chicken w/ Grilled Pineapple

Boneless chicken breast marinated in our own teriyaki sauce and served with grilled pineapple and green onions

Calories: 200 | Fat: 2 g | Sodium: 135 mg
Fiber: 2 g | Chol: 66 mg | Carbs: 18 g

Santa Fe Shrimp Skewer

Marinated shrimp skewered with green onions, mushrooms and red peppers
Calories: 180 | Fat: 4 g | Sodium: 100 mg
Fiber: 8 g | Chol: 60 mg | Carbs: 26 g

**Wellness items meet the American Heart Association criteria*

Dinner entrees

🍴 Served with choice of chef's sauce or toppings

Grilled Petite Filet

Most tender cut of beef char broiled to perfection and served with Chef created sauce or topping Du Jour

Chicken Entrée du Jour

Enjoy your Chef inspired chicken creation Du jour | Grilled always available

Grilled or Steamed Salmon

Fresh salmon filet char broiled or steamed and served with Chef created sauce or topping Du jour

Catch of the Day

Enjoy your Chef inspired fresh fish creation Du jour | Grilled always available

🍴 SIDE ITEMS

French Fries
Sweet Potato Fries
Rice
Baked Potato
Baked Sweet Potato
Baked Apples

Green Beans
Spinach
Asparagus
Broccoli
Cole Slaw
Vegetable du Jour
Fruit Cup

Desserts

Baked Dessert du Jour

Ask your server about the available selections

Assorted Cakes

Ask your server about today's available selections

Assorted Pies

Ask your server about today's delicious selections

Brownie

Ice Cream

Ask your server about all of our available flavors | Sugar-free available

Sherbet

Ask your server about all of our available flavors

🍴 BEVERAGES

Coffee
Hot Tea
Milk
Soft Drinks
Juice
Iced Tea
Assorted Wines
Assorted Beers

🍴 Reservations 912-291-2000